

Healthy Skin Solutions as Unique as You

Leading The World To Skin Health



ZEIN OBAGI, MD

ZO Skin Health, Inc. is the only resource for comprehensive therapeutic and aesthetic skincare solutions.

Based on more than 35 years of proven innovation in skincare, Dr. Zein Obagi has developed the ZO® Skin Health Circle™ paradigm. This concept bridges the gap between therapeutic and daily skincare by providing the most effective technology and products to achieve continuously healthy skin.

Visit www.zoskinhealth.com to learn more about how ZO Skin Health, Inc. can help you experience healthy skin every day.



ZO SKIN HEALTH INC

BY ZEIN OBAGI, MD

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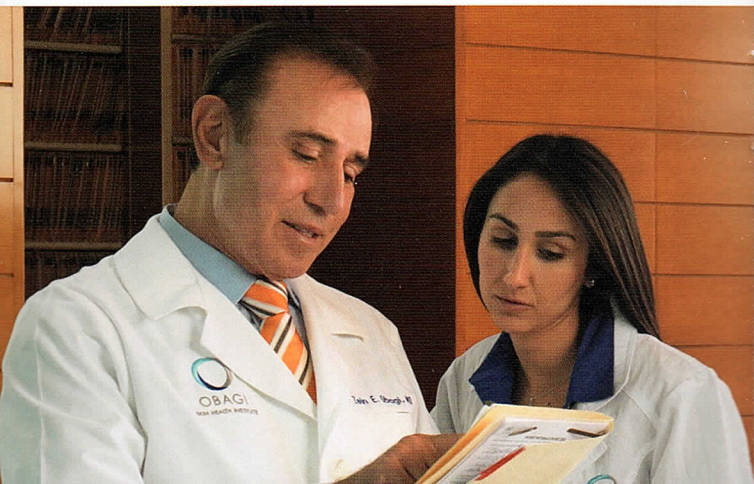
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ZO® SKIN HEALTH

BY ZEIN OBAGI, MD

Solutions that Create Healthy Skin

ZO® SKIN HEALTH
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For over three decades, Dr. Zein Obagi defined the concept of skin health and developed skincare treatments and programs that can create truly healthy skin. Now with the introduction of ZO® Medical products, Dr. Obagi's next generation of therapeutic skincare products and treatments are exclusively available through skin health professionals.



Advanced Skin Health Solutions

Under the guidance of Dr. Zein Obagi, ZO Skin Health, Inc. has developed a wide spectrum of therapeutic treatment protocols for everyone regardless of skin condition, age, gender or ethnicity. Based on the latest advances in skin therapy technology – biotechnology complexes, plant stem cell components, and multi-therapy delivery systems – these products and programs have been optimized for your specific needs.

ZO® Skin Health Circle™

The ZO® Skin Health Circle™ concept, developed by Zein Obagi, MD, provides comprehensive and continuous solutions to achieve healthy skin for life.

ZO® Medical: Therapeutic Solutions

Products, protocols, and treatments provided by skincare professionals for a wide range of skin disorders and chronic conditions.

ZO® Skin Health: Daily and Preventive Skincare

A comprehensive array of products maintain the results of therapeutic treatments and support daily skin health and protection from the environment.

The ZO® Definition of Healthy Skin

Smooth | Strong | Firm | Even-toned | Hydrated | Disease-free

Programs for Healthy Skin

ZO Skin Health, Inc. makes it easy for you to identify the program that matches your skin condition and is easy to use. These programs use the most effective combination of products for treatment.



ZO® GSR System for All Skin Types

The ZO® GSR: Getting Skin Ready system will optimize the effectiveness of your ZO® treatment program and is the first step in your protocol. This basic system includes three products; a cleanser, a scrub, and oil control pads.

- Effects® Exfoliating Cleanser 40 mL / 1.5 Fl. Oz.
- Effects® Exfoliating Polish Net Wt. 16.2 g / 0.57 Oz.
- Effects® TE-Pads Acne Pore Treatment 60 pads



Acne Prevention + Treatment Program

Slows sebum activity and breaks down surface sebum, while exfoliating dead skin cells to help repair surface damage, tighten pores and improve skin texture.

- Effects® Exfoliating Cleanser 150 mL / 5 Fl. Oz.
- Effects® Exfoliating Polish Net Wt. 65 g / 2.3 Oz.
- Effects® TE-Pads Acne Pore Treatment 60 Pads
- Bio-Sulfur Masque Net Wt. 30 g / 1 Oz.



Level I: Daily Skincare Program

Provides the essential tools to help achieve healthier skin using retinol, specialized enzymes and antioxidants to promote cellular function and restore and maintain youthful, healthy-looking skin.

- Effects® Exfoliating Cleanser 40 mL / 1.5 Fl. Oz.
- Effects® Exfoliating Polish Net Wt. 16.2 g / 0.57 Oz.
- Ossential® Daily Power Defense 30 mL / 1 Fl. Oz.
- Oclipse® Sunscreen + Primer SPF 30 15 mL / 0.5 Fl. Oz.



Level II: Anti-Aging Skincare Program

Uses higher concentrations of active ingredients including growth factors, retinol and enzymes to prevent and help repair moderate skin damage at the cellular level.

- Effects® Exfoliating Cleanser 40 mL / 1.5 Fl. Oz.
- Effects® Exfoliating Polish Net Wt. 16.2 g / 0.57 Oz.
- Ossential® Daily Power Defense 30 mL / 1 Fl. Oz.
- Ossential® Growth Factor Serum Plus 30 mL / 1 Fl. Oz.
- Oclipse® Sunscreen + Primer SPF 30 15 mL / 0.5 Fl. Oz.



Level III: Aggressive Anti-Aging Skincare Program

Delivers a high concentration of retinol, helping patients with aging and photo-damaged skin to radically reduce wrinkles, uneven skin tone, fine lines, rough texture, and sagging skin.

- Effects® Hydrating Cleanser 40 mL / 1.5 Fl. Oz.
- Effects® Exfoliating Polish Net Wt. 16.2 g / 0.57 Oz.
- Ossential® Daily Power Defense 30 mL / 1 Fl. Oz.
- Ommerse® Renewal Crème 50 mL / 1.7 Fl. Oz.
- Ossential® Advanced Radical Night Repair 30 mL / 1 Fl. Oz.
- Oclipse® Sunscreen + Primer SPF 30 15 mL / 0.5 Fl. Oz.

The Power of Retinol from ZO®

ZO® Skin Health's retinol formulas maximize the penetration of retinoic acid to reduce the signs of aging – fine lines, wrinkles, sun damage, and age spots.

Stimulating Dermal Cellular Function

Retinol, a vitamin A derivative, is one of the few substances with small enough molecules to penetrate the epidermis and reach skin receptors to stimulate the natural production of collagen and elastin. Collagen and elastin are the core building blocks of healthy skin.

Ossential® Advanced Radical Night Repair – Addresses Signs of Aging

Using a high concentration of retinol, sequestered in a patented, slow-released microdelivery system, Ossential® Advanced Radical Night Repair is designed to deliver rapid results to address multiple signs of skin aging. This assists new, healthy, underlying skin cells to emerge to the surface for a more even tone, smoother texture and restoration of a radiant appearance. With repeated use, you will notice a dramatic reduction of wrinkles and lines, increased skin firmness and density, and supple, elastic skin.

Stabilized Retinol for Effectiveness

Utilizing advanced formulations, ZO® delivery systems serve to ensure full-strength delivery to the epidermis.

These highly stable retinol formulations are used in Ossential® Daily Power Defense, Olluminate® Intense Eye Repair, Ommerse® Renewal Crème, and Ommerse® Overnight Recovery Crème.

ZO® Retinol – As Unique as Every Patient

Unique retinol formulations deliver higher concentrations of retinol with unsurpassed performance.

- Proven effective in treating the visible signs of aging
- Helps prevent fine lines and uneven skin tone
- Stimulates cell function for healthier skin with visible results

ZO® Skin Health Products



Effects® Exfoliating Cleanser

Gently exfoliates and cleanses skin, reduces excess oil and neutralizes free radicals. Encapsulated vitamin E provides antioxidant protection and hydration for healthy skin.

150 mL / 5 Fl. Oz.



Effects® Hydrating Cleanser

Hydrates and rejuvenates without disrupting the moisture barrier. Using panthenol and allantoin to soothe, repair, and restore skin, it cleans away dead skin cells and supports cellular renewal.

150 mL / 5 Fl. Oz.



Effects® TE-Pads Acne Pore Treatment

Removes excess sebum and dead skin cells, and deep-cleans congested pores using 2% salicylic acid. Botanical extracts calm and soothe irritation. Recommended for prevention and treatment of oily skin and breakouts.

60 Pads



Effects® Exfoliating Polish

Ultra-fine magnesium crystals exfoliate dead skin cells and increase epidermal turnover for a cleaner, smoother, more even-toned complexion. Vitamins A, C, E, and C-Esters provide antioxidant benefits to help maintain skin barrier function.

Net Wt. 65 g / 2.3 Oz.



Ossential® Daily Power Defense

Highly stable retinol, antioxidants, and specialized DNA repairing enzymes work around the clock to help minimize UV oxidative damage and uneven pigmentation, while restoring skin function and elasticity.

50 mL / 1.7 Fl. Oz.

R ZO® RETINOL



ZO[®] Skin Health Products



Ossential[®] Growth Factor Serum Plus

A lightweight gel that strengthens skin, repairs aging skin, and protects against future signs of aging. For all skin types, even the most sensitive. Mild reaction.

30 mL / 1 Fl. Oz.

R ZO[®] RETINOL



Ossential[®] Advanced Radical Night Repair

A lightweight, high potency retinol formula that targets multiple signs of aging skin while protecting against future skin aging and damage. Moderate reaction.

60 mL / 2 Oz.



Ommerse[®] Renewal Crème

This functional hydrator contains encapsulated retinol, powerful antioxidants, and an anti-redness agent to calm, replenish, rejuvenate, and repair the skin's moisture barrier.

50 mL / 1.7 Fl. Oz.

R ZO[®] RETINOL



Ommerse[®] Overnight Recovery Crème

Calming agents help prevent irritation as retinol and other ingredients work more actively overnight to repair and regenerate skin cells to help reduce fine lines and wrinkles.

50 mL / 1.7 Fl. Oz.

R ZO[®] RETINOL



Olluminate[®] Intense Eye Repair

Stabilized retinol and advanced peptides aid in strengthening skin and minimizing fine lines and wrinkles. Optical diffusers highlight the eye area to reduce the appearance of dark circles. Olluminate[®] Intense Eye Repair helps reduce puffiness and discoloration with antioxidants and anti-irritation ingredients.

15 mL / 0.5 Fl. Oz.

R ZO[®] RETINOL



Oclipse[®] Sunscreen + Primer Broad-Spectrum SPF 30

Using natural melanin, titanium dioxide and zinc oxide to provide broad-spectrum UVA/UVB protection, Oclipse[®] is also used to smooth and prime skin for a more even makeup application.

30 mL / 1 Fl. Oz.



Oraser[®] Microderm Hand Renewal

Retinol, an active form of vitamin A, helps restore and maintain a youthful appearance. Sugar crystals exfoliate the skin, gently scrubbing away rough, dull skin leaving it smooth. Shea butter moisturizes, hydrates, and softens the skin to make hands look and feel younger.

Net Wt. 30 g / 1 Oz.

R ZO[®] RETINOL



Oraser[®] Daily Hand Repair SPF 20

Applied daily, Oraser[®] Daily Hand Repair helps erase the signs of aging hands. Using powerful antioxidants, brightening and amino acid complexes, it helps minimize age spots, fine lines, and wrinkles. Broad spectrum UVA/UVB sunscreen helps prevent future damage.

100 mL / 3.4 Fl. Oz.

R ZO[®] RETINOL



Oraser[®] Body Emulsion Plus

This multi-action body treatment effectively delivers improvement in the quality, smoothness and overall health of the skin. Formulated with specialized enzymes and hydrators, it works to immediately soften and resurface rough, dry skin and can be used in combination with other treatments for atopic dermatitis, irritant eczema, allergic eczema and keratosis pilaris. Dehydrated skin is deeply moisturized. Fragrance free

240 mL / 8 Fl. Oz.

R ZO[®] RETINOL

Your ZO[®] Skin Health Personal Program

ZO[®] SKIN HEALTH
BY ZEIN OBAGI, MD

With the guidance of your physician, the following skincare regimen is tailored to your specific skin condition and skin health goals.

STEP	PRODUCT	DOSAGE/NOTES
	Effects [®] Hydrating Cleanser	am / pm /week
	Effects [®] Exfoliating Cleanser	am / pm /week
	Effects [®] Exfoliating Polish	am / pm /week
	Effects [®] TE-Pads	am / pm /week
	Ossential [®] Daily Power Defense	am / pm /week
	Ossential [®] Growth Factor Serum Plus	am / pm /week
	Ossential [®] Advanced Radical Night Repair	am / pm /week
	Ommerse [®] Renewal Crème	am / pm /week
	Ommerse [®] Overnight Recovery Crème	am / pm /week
	Oclipse [®] Sunscreen + Primer SPF 30	am / pm /week
	Olluminate [®] Intense Eye Repair	am / pm /week
	Oraser [®] Microderm Hand Renewal	am / pm /week
	Oraser [®] Daily Hand Repair SPF 20	am / pm /week
	Oraser [®] Body Emulsion Plus	am / pm /week
	ZO [®] GSR System For All Skin Types	
	Acne Prevention + Treatment Program	
	Level I: Daily Skincare Program	
	Level II: Anti-Aging Program	
	Level III: Aggressive Anti-Aging Program	
PHYSICIAN NAME		DATE